

“Why walk when you can Soar.”

TRACY TODD SHARES HER STORY

AN INSPIRING AND LIFE-CHANGING MESSAGE

Our lives can be changed in an instant... for Tracy Todd, that moment came in April 1998.

At the age of twenty eight - a gifted sportswoman, school teacher, happily married wife and new mother of a 9 month old son – her world was close to perfect. Then a car accident left her paralysed from the neck down... only able to move her head.

Tracy has re-built her life – brick by brick – to create a *new foundation* of personal and professional achievement, cemented with the *optimism and resilience* that has allowed her to face the most challenging of life experiences. She is a sought after inspirational speaker and successful author.

People from all walks of life have benefited from the story that Tracy shares with them. The lessons and skills that she has adopted to cope with massive trauma and change are applicable to people from all walks of life. Tracy has traveled the length and breadth of South Africa, addressing business people, ladies clubs, schools, churches and corporate conferences. Her aim - to inspire men, women and children to greatness - in spite of the odds.

Tracy will take you on a journey through her life, weighing her triumph over adversity. As she bares her soul, sharing her *deepest thoughts* and *emotions*, revealing her incredible sense of humour, she will share the secrets that sustain her each day.

An inspiration to all those that meet her, she has confronted her challenges with *courage and tenacity, proving her resilient spirit beyond doubt.*

As Tracy always says, *“Why walk when you can Soar.”*